## **Health Information for Travelers to India**

Much of your effort to stay healthy in India needs to take place before you even set foot on the ground, as planning ahead and being prepared are both key to a healthy and safe trip.

The information on this page is not intended to replace a visit with your health care provider. He or she will provide you with information about vaccination requirements and recommendations, and other useful information about how to stay healthy during your travels.

## Take note:

**Vaccinations take time**. Some require a series of shots, so be mindful of the need to complete the series before you arrive in India.

**Vaccination requirements differ, depending on your country of origin.** For example: There is no risk of yellow fever in India. The government of India *requires* proof of yellow fever vaccination **only** if you are arriving from a country with risk of yellow fever. Check this list to see if you may be required to get the yellow fever vaccine: Countries with risk of yellow fever virus (YFV) transmission.

Arrange health insurance that covers international treatment and emergency evacuation. This is especially important if you plan to travel outside Delhi, after the GLE. Contact your Country Coordinator for further assistance, if you do not find your country on this list.

Don't forget to bring any prescription medicines you currently use.

Below is a list of national and regional health agencies. The internet is also a great source of information, if your country is not listed here.

Centre for Health Protection (CHP; Hong Kong)

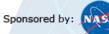
Centers for Disease Control and Prevention- Central American Region (CDC-CAR;

Guatemala, El Salvador, Nicaragua, Costa Rica, Panama, Belize)

European Centre for Disease Prevention and Control (ECDC; EU)

Health Protection Agency (HPA; United Kingdom)

Hellenic Centre for Diseases Control and Prevention ( Greece)













## THE **GLOBE** PROGRAM

